ABSTRACT OF THE DISCLOSURE

The present invention provides a post-framing system for building construction. The post –framing system includes support posts and wall sections that can be prefabricated and transported to the job site for assembly. The support posts are at least 3-ply, having an upper ply member, a lower ply member; and at least one middle ply member attached to and interposed between the upper and lower ply members. Pre-framed low and high wall sections are attached to the support post to form the building frame.